October 2022

St. John Vianney School

Lunch

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 • Baked Macaroni and Cheese • Sweet Yeast Dinner Roll • Capri Vegetable Blend • Michigan grown Apples	**4** • Beef Tacos • Flour Tortilla with taco meat, shredded cheddar cheese, shredded lettuce and salsa • Vegetarian Refried Beans • Red Grapes	**5** • French Toast Sticks • Maple Syrup • Sausage Links • Potato Smiles • Banana	**6** • Mini Twin Cheeseburgers • Harvest Cheddar Sunchip • Steamed Carrots • Mixed Fruit	**7** • Tony's Cheese Pizza • Steamed Broccoli • Diced Peaches • Kellogg's Rice Krispie Treat Bar
10 • All Beef Hot Dog on a bun • Baked Cheetos • Baked Beans • Apple Slices	**11** • Cheeseburger • Crinkle Cut Fries • Steamed Broccoli and Cauliflower • Banana	**12** • Chicken Tenders • Mashed Potatoes with Chicken Gravy • Steamed Carrots • Diced Pears	**13** • Teriyaki Beef Dippers with tangy sauce • Minh Fried Rice, with Vegetables • Sugar Snap Peas • Pineapple and Mandarin Oranges	**14** • Cheese Pizza • Riviera Blend Vegetables • Watermelon
17 • Lasagna Roll-Up with Sauce • Garlic Breadstick • Steamed Broccoli • Mixed Fruit	**18** • Chicken Fajita Strips on a Flour Tortilla • Romaine Ribbons • Salsa • Fajita Vegetable Mix • Frozen Strawberry Cup	**19** • French Toast Sticks • Maple Syrup • Scrambled Eggs • Tater Tots • Red Grapes	**20** • Cheesy Meatloaf • Scalloped Potatoes • Golden Buttermilk Biscuit • Caribbean Blend Vegetables • Applesauce	**21** • Wild Mike's Cheesy Breadstick Bites (4) • Marinara Dipping Sauce • Three Bean Salad with Peppers • Navel Orange
24 • Fernando's Beef, Bean and Cheese Burrito with burrito sauce • Salsa • Goldfish Cheddar Crackers • Normandy Blend Vegetables • Diced Peaches	**25** • Boneless Honey BBQ Riblets • Garlic Mashed Potatoes • Honey Wheat Dinner Roll • Steamed Broccoli • Mandarin Oranges	**26** • Sloppy Joe • Potato Emojis • Banana	**27** • Doublestuff Crust Pepperoni Pizza • Midori Vegetable Blend • Diced Pears	**28** • Breaded Chicken Patty Sandwich • California Veggie Blend • Baked Beans • Michigan grown Apples
31 • Orange Chicken • Minh Fried Rice, with Vegetables • Asian Far East Vegetable Blend • Red Grapes • Fortune Cookie	**1** • Popcorn Chicken • Mashed Potatoes and Chicken Gravy • Cut Corn • Apple Slices	**2** • Mini Pancake Wraps • Danimals Strawberry Smash Yogurt • Cinnamon Teddy Grahams • Farm & Orchard Paradise Punch Juice Box • Applesauce	**3** 	**4**

Milk Served Daily (included with all meals): 1% Lowfat Milk, Fat Free Chocolate Milk, Fat Free White Milk, Fat Free Lactose Free milk also available for dietary needs

Meal Requirements All students must take a 1/2 cup of fruit or vegetable to complete their school meal.

Meal Prices Student Breakfast: $2.00,Reduced Breakfast: $0.30,Student Lunch: $2.75,Reduced Lunch: $0.40,Milk only: $0.50,Adult Lunch: $4.50

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